



**DEPARTMENT OF THE AIR FORCE**  
**374TH AIRLIFT WING**



1 June 2022

MEMORANDUM FOR ALL YOKOTA AIR BASE PERSONNEL

FROM: 374 AW/CC

SUBJECT: Yokota Air Base Restriction of Movement (ROM) Policy

References: (a) Office of the Under Secretary of Defense, 4 April 2022, *Consolidated Department of Defense Coronavirus Disease 2019 Force Health Protection Guidance*  
(b) FRAGO-004 to United States Forces Japan (USFJ), *Force Public Health (FPH) Order 22-004*, 1 June 2022

1. This policy establishes mandatory guidance for anyone accessing Yokota Air Base and supplements any order/guidance from United States Forces Japan (USFJ) or higher headquarters. Additionally, it provides direction to U.S. military members, members of the civilian component, contractors, and dependents of these personnel; host nation (HN) employees [e.g., Master Labor Contract (MLC) and Indirect Hire (IHA)] individuals; and others attempting to access the installation. This policy does not apply to transient aircrew who are covered under a separate policy.

2. Violations of this policy by uniformed DoD members may subject them to punishment under Article 92 of the Uniform Code of Military Justice (UCMJ). Failure to comply with this policy by SOFA-status members of the civilian component, SOFA-status contractors, or SOFA-status dependents may result in disciplinary/administrative actions including, loss of command sponsorship, an early return of dependents, debarment, or a determination that an employee failed to adjust to an overseas environment.

3. All deployed, active, and activated Reserve and Guard component personnel (to include DoD civilian and contract personnel in accordance with their statement of work) deployed to or TDY/TAD to Japan, must be fully vaccinated prior to entry into Japan. This includes operation movement of units, individual augmentees, and exercise support personnel.

4. **Definitions:** For the purpose of this memorandum, the following definitions apply:

- **SOFA-Status Personnel:** Includes, but is not limited to, U.S. military members, U.S. civilian employees, SOFA-status contractors, and the dependents of any SOFA-status personnel stationed in Japan.
- **Residence or Domicile:** A location on a U.S. base/installation where lodging has been provided by the U.S. Government, or a residence that is owned/rented by a SOFA individual

off-installation or base. It does not include public hotels or other commercial lodging facilities, e.g., Airbnb.

- **Fully-Vaccinated:** Full vaccination is defined as 14 days or more after receipt of a second dose in a two-dose COVID-19 vaccine series or 14 days or more after receipt of a single-dose COVID-19 vaccine.
- **Up-to-Date:** Individuals are considered up-to-date if they have received **all doses in the primary series of a COVID-19 vaccine and all boosters recommended for them when eligible**, in accordance with Centers for Disease Control at <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/stayup-to-date.html>.
- **Unvaccinated:** Individuals who are not fully-vaccinated including those ineligible for an initial COVID-19 vaccine series due to age or other reasons.
- **Isolation:** The strategy used to separate individuals infected with COVID-19 (with or without symptoms) from those who are not infected. If isolating in a home, anyone with COVID-19 symptoms or who has been diagnosed with COVID-19 should separate themselves from others in the household and should remain at home until it is safe for them to be around others and until cleared by a competent medical authority. This includes individuals who have signs and symptoms consistent with COVID-19 for whom test results are not yet or will not be available.

**5. Restriction of Movement (ROM):** ROM for SOFA-status personnel is defined as restriction to one's residence, other designated domicile (e.g., base lodging), or a specified area for a period of time upon arrival into Japan or until cleared by medical authorities. Personal, non-mission essential travel within Japan is exempted from ROM requirements. Commanders and supervisors are required to conduct risk assessments for any member taking leave IAW references (a) and (b). **All personnel, age 2 or older, regardless of vaccination status are exempt from ROM and arrival testing only if pre-travel COVID-19 molecular (nucleic acid amplification test i.e. RT-PCR, LAMP, TMA, NEAR [e.g. Abbott ID-NOW]) testing was conducted within 72 hours of departure to Japan. Travelers whose pre-travel testing was an antigen or other viral test will be required to ROM according to their vaccination status as described below and will be subject to additional testing on arrival at a commercial airport or within 1 day of arrival at the installation where their travel terminates (e.g., residence, airline terminal).** Children aged 4 years old and younger will incur ROM and testing requirements equivalent to their least vaccinated parent or guardian.

- a. **Up-to-Date Individuals:** Up-to-date SOFA-status personnel (as defined in paragraph 4) arriving in Japan from another country, will NOT be required to ROM if in receipt of a negative COVID-19 arrival/entry test or a test performed by a commercial airport or performed under competent oversight on a U.S. installation, if not arriving at a commercial airport.
  - (1) Use of public transportation is authorized upon receipt of a negative COVID-19 arrival/entry test result performed by a commercial airport or performed under competent oversight on a U.S. installation, if arriving outside of a commercial airport. Public transportation includes follow-on domestic flights or trains.

- (2) No further COVID-19 testing is required after receiving a negative arrival/entry test result.
- b. **Fully-Vaccinated Individuals**: Fully-vaccinated SOFA-status personnel (as defined in paragraph 4) arriving in Japan from another country, will travel directly to their domicile/residence and will be restricted to a U.S. installation for a ROM period of seven (7) days. The following conditions apply during ROM:
- (1) Use of public transportation is authorized within the first 24 hours after arrival if the individual is in receipt of a negative COVID-19 arrival/entry test result performed by a commercial airport or performed under competent oversight on a U.S. installation, if not arriving at a commercial airport. The use of public transportation is to allow travelers to expeditiously travel to their domicile/residence. Strict COVID mitigation measures must be followed to include mask wear. After arrival to their final destination (domicile/residence), public transportation is not authorized during the remainder of the ROM period.
  - (2) On or after day 3 of ROM, individuals may take a viral COVID-19 test and if the result is negative, may exit ROM after day 3. Asymptomatic individuals may exit ROM without a viral test after day 7 of ROM.
  - (3) Personnel residing off-installation must remain in their domicile/residence or may conduct travel non-stop between their domicile/residence and place of work on a U.S. installation via POV/GOV or cycling/walking during their ROM. Off-installation, the use of public transportation is unauthorized.
  - (4) During ROM, fully-vaccinated individuals may have access to all on-installation facilities while maintaining strict COVID mitigation procedures.
  - (5) Upon receipt of a negative COVID-19 test result in Japan, by either MTF or approved commercial means (to include Japanese testing conducted upon arrival to commercial international airports), essential services off installation is authorized for fully vaccinated personnel.
- c. **Unvaccinated Individuals**: Unvaccinated SOFA-status personnel (as defined in paragraph 4) arriving in Japan from another country will travel directly to their domicile/residence and remain there for a ROM period of seven (7) days. The following conditions apply during ROM:
- (1) Use of public transportation is authorized within the first 24 hours after arrival if the individual is in receipt of a negative COVID-19 arrival/entry test result performed by a commercial airport or performed under competent oversight on a U.S. installation, if not arriving at a commercial airport. The use of public transportation is to allow travelers to expeditiously travel to their domicile/residence. Strict COVID mitigation measures must be followed to include mask wear. After arrival to their final

destination (domicile/residence), public transportation is not authorized during the remainder of the ROM period.

- (2) On or after day 3 of ROM, individuals may take a viral COVID-19 test and if the result is negative, may exit ROM after day 3. Asymptomatic individuals may exit ROM without a viral test after day 7 of ROM.

- d. **Individuals within 90 Days of a Positive SARS CoV-2 Test:** SOFA-status personnel arriving in Japan from another country who have tested positive for SARS CoV-2 within the previous 90 days, will follow a ROM based on their vaccination status (up-to-date or not up-to-date). These individuals would not normally undergo repeat testing within 90 days per Centers for Disease Control and Prevention recommendations, however, testing is required upon entry at Japanese commercial airports. If a test result is positive, personnel will isolate on a U.S. installation until a competent medical authority (CMA) approves an alternate plan. After completion of ROM, asymptomatic individuals may have the restriction to an installation (or their residence if living off-installation or if denied access to an installation) removed. ROM exit testing on or after day 3 is not required with approval from a CMA. The following procedures also apply:

- (1) Previous results will be reviewed by a unit travel coordinator who has been designated in writing to perform this function or CMA. All travelers will carry a physical or electronic copy of their appropriate documentation approved by a CMA.
- (2) An individual must remain asymptomatic for the duration of their ROM period. If symptoms occur, the individual will coordinate with the base PHEO or CMA and follow COVID-19 procedures for isolation/quarantine.

- e. **Non-SOFA Status Personnel:** ROM for non-SOFA status personnel is defined as denial of entry to the installation for a period of their ROM length of time based on their vaccination status or until cleared by medical authorities. Non-SOFA status personnel include but are not limited to DoD retirees and HN employees such as MLCs and IHAs. Non-SOFA status personnel are prohibited from accessing the installation while in ROM status. Non-SOFA status personnel who reside on Yokota Air Base (e.g., JASDF members) are authorized to ROM at their on-base domicile/residence.

6. **Exceptions to ROM:** ROM, when done properly, is the most effective measure against COVID-19 community spread. Personnel will not leave their residence or domicile during their ROM period unless in an approved fully-vaccinated ROM status on an U.S. installation or for one of the following reasons:

- a. Brief exits of their residence or domicile for activities of short duration such as laundry either in or immediately near their residence or domicile (any shared facility should be appropriately sanitized and cleaned after use);
- b. To take a pet for a walk near their residence or domicile while maintaining six feet of distance from persons not in their family;

- c. A wellness break taken in the yard immediately surrounding their residence or domicile (this does not include use of any community playgrounds or on-base shopping facilities);
  - d. To conduct exit ROM COVID-19 testing;
  - e. Personnel with a Permanent Duty Station (PDS) other than Yokota Air Base may transit to another USFJ facility, residence, or domicile via a USFJ vehicle or to the Yokota Air Base passenger terminal solely when anticipating military or military contracted airlift to another USFJ facility; or
  - f. In cases of medical emergencies or fires in the residence/domicile.
7. **Self-Monitoring During ROM:** During ROM, personnel will self-monitor for COVID-19 symptoms. This includes, where able, taking their temperature twice a day to check for fever and remaining alert for coughing or difficulty breathing. If symptoms develop, individuals should self-isolate and contact a healthcare provider by calling the 374th Medical Group Response Line at **DSN 225-8864, Option 7 or 042-552-2510, extension 58864, Option 7**. Do not report to a medical treatment facility if experiencing COVID-19 symptoms unless directed to do so by medical authorities.
8. **Isolation:** All individuals who test positive for COVID-19 will be placed in isolation.
- a. Individuals testing positive for COVID-19 will be required to complete a minimum of five (5) full days in isolation status from the start of symptoms (or positive test result, if asymptomatic) and two (2) days restriction to the installation with strict mitigation measures for a minimum of seven (7) days on installation.
  - b. To leave isolation after day 5, infected individuals must be free of fever without using fever-reducing medications for the 24 hours prior to release and symptoms must be improving. There are no requirements for a negative COVID-19 test to be documented prior to being released from isolation. To be released from restriction to installation, infected individuals must have remained fever-free since release from isolation, developed no new or worsening symptoms, and any remaining symptoms must be improving. If these criteria are not met after day 7, restriction to installation will be extended until criteria are met or until a full ten (10) days have elapsed since start of symptoms (or positive test result, if asymptomatic upon diagnosis).
  - c. While on installation restriction, individuals may travel directly between their personal off-base domicile and their installation only. POV, GOV, walking and cycling are authorized. Use of public transportation including taxi services is **not authorized**. Use of off-base services is not authorized.
  - d. Use of public transportation is **not authorized** for the full ten (10) days from the start of symptoms (or positive test result, if asymptomatic).
9. **OPSEC:** SOFA-status individuals, upon arrival into the Japan AOR, are **not required** to download any COVID-19 tracking application nor sign pledges to follow GOJ COVID-19

procedures. Commanders should remind service members to practice good OPSEC when using non-U.S. Government supplied applications for COVID-19 tracking on personal mobile devices. Some evidence suggests foreign entities have collected user location information and smart phone data from similar applications. Because of this risk, SOFA-status individuals are discouraged from downloading such software/apps. However, SOFA-status individuals **may choose** to download the COVID-19 tracking application and/or sign the pledge if refusing either would prevent onward movement. Upon arrival at a U.S. installation or domicile, SOFA-status individuals are authorized to remove any GOJ required COVID-19 tracking applications from personal devices. Applications/programs that were not supplied or approved by the U.S. Government are not authorized for use on U.S. Government provided phones or computers.

10. **Unit Requirements:** Units will coordinate with individuals in ROM to ensure they have adequate food, water, and other necessary items. This includes supplies to clean frequently-used surfaces and maintain household hygiene, such as regular multi-surface cleaner, paper towels, toilet bowl cleaner with brush, laundry detergent, dish soap and sponge, etc. It also includes personal hygiene items, in addition to items to reduce the spread of the virus and monitor for infection, all of which are subject to availability.

11. **Exceptions to Policy (ETPs):** Any request to perform a ROM not in compliance with the aforementioned procedures will require an ETP sent to the appropriate USFJ Service component commander or deputy commander at the general/flag officer level and coordinated with the Government of Japan via USFJ/J5 (indopacom.yokota.usfj-j54.list.all@mail.mil). These requests are limited to needs based on operational impacts and humanitarian reasons. ETP requests for morale or quality of life purposes will not be considered.

12. If you have any questions, please contact your squadron commander for further guidance.

ANDREW J. CAMPBELL, Colonel, USAF  
Commander